

**Did you know...** A 2005 article in the prestigious orthopedic journal "Spine" studied patients who suffered with lower back pain and/or sciatica. Even though 99% of the patients were told that they would get moderate or great improvement in their quality of life after the surgery, in reality 39% did not even have minimally significant improvement. **AND...** There's actually a term called **"Failed Back Surgery Syndrome."** The greatest risk factor for having a second back operation is having one in the first place. **BUT there ARE emergency cases where surgery will be your only and best option such as when a disc compresses the nerves so badly in your lower back that you lose bowel or bladder function. It's important to be aware of these types of emergencies, but 99% will never experience these.**

So, if bed-rest, drugs, injections, and surgery are not good options, **what should you do for severe back or leg pain?** A small fraction of the approximately 1,000,000 health care providers in the U.S. are using new technology with a treatment called Spinal Decompression and the device is called the DRX9000™.

Here's what the DRX9000™ it looks like...



"My back pain was so bad that even simple things, such as getting dressed, putting on socks and tying shoes became very difficult. I would occasionally miss work due to pain and also gave up exercise all together. I relied on family members to help with dinner, laundry, cleaning, and shopping so I wouldn't have to move. I have tried anti-inflammatories, physical therapy, and pain management specialist, none of which seemed to work. I was very afraid that I would need surgery, but then I saw an article about the DRX 9000. When I started treatments, I noticed a difference after my first session and I kept on feeling better. The DRX treatments were so comfortable and at times I was so relaxed that I would fall asleep. I have already recommended the DRX treatment to others. I tell people that the DRX treatments helped me tremendously and I am finally able to live a normal, pain-free life."

Robin W.

This technology is giving many patients with low back pain a gentle, relaxing, non-invasive and non-surgical option. The DRX9000 succeeds by repositioning the disc, enlarging the disc space, and repairing and strengthening the disc structure. These dramatic disc improvements have

been demonstrated on patients' pre- and post-treatment MRIs.

The "DRX 9000" Works For...

- Back pain and Sciatica
- Herniated and/or bulging discs (single or multiple)
- Degenerative disc disease
- A relapse or failure following surgery (as long as there is no metal in the spine)
- Stenosis and Facet syndromes

Since every single patient's case is different, it is important to remember that although you may have been diagnosed with one of the above conditions, you may not be a candidate for spinal decompression. In our office, we conduct a thorough consultation and examination, and review each patient's x-rays and MRI reports. Even after review of these results, we may recommend additional testing such as a Bone Density study to rule out severe osteoporosis or extra x-rays of the low back to make sure the spine is completely stable. It is only after complete analysis of each patient's examination findings and test results that we can make a clinical decision as to whether you may be a good candidate for this type of treatment. Patients who are pregnant,

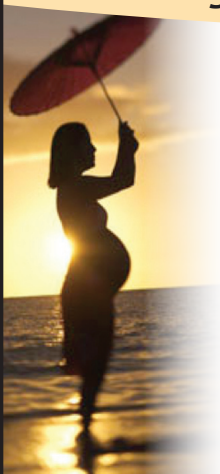
patients with a history of cancer in the low back or pelvic region, a history of abdominal aneurysms, severe osteoporosis, or prior surgery with the implantation of metal screws, plates, etc. are those patients who would definitely not be candidates and who would therefore need to consider other options for low back pain treatment that we may be able to provide or else we would need to refer you to another physician.

Until recently, the advice for many of you suffering with pain was to try: Stretching, physical therapy, pain medications, cortisone injections, back surgery or "live with it". If you are like most, none of these have worked for you long term. Now, you owe it to yourself to not wait any longer! If you would like to schedule an appointment for a free screening to determine whether you are a candidate for spinal decompression please call Dr. Risa Sloves and Dr. Mark Joachim located at 156 East Avenue in Norwalk at (203) 838-1555. [www.ctspinalpaincenter.com](http://www.ctspinalpaincenter.com)

**"I had severe pain at my right hip going down my leg to the ankle, making going up the stairs painful and pain on rising from a seating position. I had to wait a few minutes before I could walk and when I took the first few steps it was very painful. At times I would have to go upstairs hanging on the railing with both feet on each step. I really did not know what the problem was until I had an x-ray and a MRI done. I had tried chiropractic treatments which helped to some degree, but then I saw an Ad in the newspaper about the DRX 9000. After 4 treatments, I noticed changes in my back pain. The treatments are very comfortable and relaxing. Its incredible! What a great alternative to surgery or painkillers."**

**Maria C.**

## ARE YOU LOOKING FOR NATURAL HEALTHCARE SOLUTIONS FOR YOUR FAMILY?



### Family based chiropractic care specializing in infants, children & pre and post-natal women

For children research shows chiropractic helps:

- Ear infections
- Asthma and allergies
- Scoliosis
- Colic
- Reflux
- ADHA
- Sports injuries
- Torticollis

During pregnancy research shows chiropractic helps:

- Eliminate back & pelvic pain
- Sciatica
- Headaches
- Carpal tunnel syndrome
- Help babies who are breech turn into a better position for delivery



## BE ALLERGY FREE, PERHAPS EVEN FOR LIFE!

### Why suffer any longer?

### Seasonal, food & environmental allergies CAN be eliminated:

Conditions like eczema, gastric reflux, IBS, sinus conditions and digestive problems are often due to food & chemical allergies.

A revolutionary, noninvasive acupuncture technique is available to eliminate food, environmental and other sensitivities. It is used together with:

- Computerized allergy testing & elimination without medication or shots
- Enzyme therapy, including nutrition and proper diet
- It enhances immune system function & assists the body in the natural healing process.
- Child Friendly
- No Medications or Injections

### CALL DR. MARK JOACHIM for a complimentary consultation.

- Dr. Mark Joachim is the first and only Doctor in Connecticut with advanced certification in BioSET, a new revolutionary technique for the permanent elimination of food and environmental allergies. He is a fellow of the International Academy of Medical Acupuncture.
- Over 10 years experience as an Advanced BioSET Practitioner.

### CALL DR. RISA M. SLOVES

- 1 of only 10 chiropractic physicians in Connecticut with Board Certification in Pediatric and Maternity Care
- 1 of 100 Chiropractic Physicians in the U.S. and Canada with a 3 year post-doctorate degree in pediatric and maternity care and she is certified in acupuncture

**ASSOCIATES IN FAMILY CHIROPRACTIC AND NATURAL HEALTH CARE, P.C.**

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